



## Homa Therapy News Australia and International January 2024



**November 30, 2023, Message from Shree Vasant  
Received in meditation via Parvati, Senior Homa Therapist  
CALL TO ACTION!**

The world is in a state of critical chaos, on multi levels. Globally, the climate change and ecological threats to civilization go unchecked, wars erupting in many parts of the globe, the rapid deterioration of communication in an

age of super communication, rivals no other time in history. Now, division is common, and unity is a goal which seems further and further away.

However, these are the times each and every one of you have been trained for. We have warned of these times years back when everything was relatively calm in comparison.

Now, there are several urgent matters.

One, share the fires everywhere! Do not hesitate nor fear reprisal. There is no reason to hide anymore. The climate is such that people are desperate for answers, calling out for agents of calm, peace, and tranquillity. This atmosphere where the fires are maintained on a daily basis creates such powerful and lasting effect on environment.

Do not hide. Speak loud and clearly now. Don't hold back! .....

**Gathering at Om Shree Dham with Intro on Agnihotra this coming Saturday the 13<sup>th</sup> of Jan**



**Om Shree Dham Agnihotra Centre & Homa Farm Hunter Valley NSW**

**Saturday 13<sup>th</sup> Jan, 5pm-8.30pm**

**Please confirm attendance**

[info@agnihotra.com.au](mailto:info@agnihotra.com.au)

[www.agnihotra.com.au](http://www.agnihotra.com.au)

## **Agnihotra heals and revives our spirit and environment in these difficult planetary conditions**



### ***Sarah Smuts-Kennedy, Nth Island New Zealand***

sarahsmutskennedy Over the past month I have felt so wobbly. The harm that is being done to humans across the planet is at such a scale and force that it is overwhelming to witness.

I cannot look away. I cannot pretend that things are normal. They simply are not.

I lived in a cult when I was a child and got to experience first hand humans normalising abhorrent behaviour. It was shocking even as a child to see seemingly good people begin to play out ways of being that they would never otherwise give themselves permission to do.

Over the past 4 decades I have engaged in various processes to heal myself from the legacy of their abhorrent behaviour.

Over the past months I have had to remember that my own healing is a process that cycles between feeling grounded and not. Being part of the living organism on this planet called the human race I like everyone else am affected by the quality of behaviour that we collectively are playing out.

So many people I love who are normally grounded are feeling wobbly right now. This wave of meanness is affecting us all so deeply.

Last week I remembered I have learnt some really good skills over the years to help me return to centre. A place where I feel I can be most useful.

Agnihotra is one of these skills I have. Last week I began my daily sunrise sunset practice again and immediately felt it bringing its atmospheric recalibration into my body, and the place where I live. Bringing with it a sense of calm, serenity, and deep awareness of the goodness of things.

*Above is from an Instagram post*

## **Agnihotra Remedying a banana fungal disease in a local Suburban Food Garden**



*Banana plant before Agnihotra and Agnihotra ash treatment*

“ I am a committed Agnihotra practitioner. I have been doing gardening and maintenance work on a local suburban garden over a 9 month period. With permission from the owner Agnihotra was performed irregularly there perhaps once or twice a week. On the first day, I noticed the banana pups had a number of black spots on their leaves. Without making a fuss about it to anyone I took a couple of photos and began to take note of the changes over time. After researching online it seemed quite possibly to be Black Sigatoka Negra, a fungus which eventually destroys banana plants.



*Banana plant after Agnihotra therapy*

Over a for 2 month period I sprinkled ash over the bananas palms and also watered in the Agnihotra ash medicine around the base of the plants about once per week. After 4-5 months of sporadic Agnihotra practice and the short treatment mentioned above, I noticed the new growth on the banana palms was disease free!!



Some other changes worth noting include a bumper crop of huge lemons which required having numerous branches being propped up.

An old orange tree budding for the first time in years. A newly planted blueberry bush producing relentless amounts of blueberries.



While the raised garden bed is roaring with life, producing Cucumbers, Tomatoes, Zucchini's, Potatoes, Peas and Corn." Anonymous, NSW Australia

### **The Response of a Guardian Gum to Agnihotra**

At Om Shree Dham we are graced with the stately and beautiful strong presence of what we feel is a guardian tree on our land. It is a Eucalyptus tree. Recently it started dramatically bleeding resin perhaps from some insect punctures. Karen, a volunteer who works here felt to do Agnihotra sunset , followed by Agnihotra sunrise to give energetic support to the tree. To our great surprise the whole tree broke out in blossoms the next day!



*Guardian tree at Om Shree Dham*

**Homa Therapy has gifted more compassion, forgiveness, self-acceptance, an 'alive' garden, healthy pets**



*Linda Staunton, the Basin, Victoria performing Agnihotra*

'Discovering Agnihotra/Homa Therapy thirteen years ago feels like divine grace, or a blessing or punya (good karma). Even as a child sunrise and sunset were sensitive times for me in terms of night turning into day and day turning into night; it is difficult to describe yet I connected with their subtle yet potent points of transition during the twenty four hour period. Fast forward from childhood to adult life, I would often hear my late friend from India describe this ancient Vedic practice, conducted at dawn and dusk, there was a sense of familiarity so much so I was compelled to investigate this further.

After conducting a google search I found the Om Shree Dham website and to my excitement, Lee was scheduled to conduct workshops around Melbourne which I attended. Since then I have practised this simple yet profound and transformative Agnihotra Homa, also the Om Tryambakam Homa at the solstices and the new and full moons.



*Om Tryambakam Homa on the left, paused to perform Agnihotra on the right*

Even after many, many years of practising Agnihotra and Homa therapy, it never ceases to amaze me, the rejuvenating effects on the physical, spiritual and psychological states of being. The garden benefits immensely from the Agnihotra ash and my two cats intuit when Agnihotra is about to commence. They wander outside and sit during Agnihotra (see attached photo) and exit when the flames cease; I have noticed their health and well-being improve over time when exposed to the Agnihotra atmosphere.



*The cat always sits for Agnihotra and leaves when the flames go out!*



Stressed areas of my garden become restored when conducting Agnihotra nearby, with visitors commenting how green and 'alive' the garden has become.

Additionally, the regular practise of Agnihotra combined with Om Tryambakam Homa has helped me process some major losses in my life and enhanced my personal meditation practise. Furthermore, I have noticed an increase in the development of compassion, humility, self-acceptance, forgiveness and contentment from the regular practise of Agnihotra when combined with Om Tryambakam Homa.

In closing, I adore Agnihotra and Homa Therapy because the practise is universal, anyone can practise regardless of their faith framework and beliefs, it does not discriminate. I am also grateful to Om Shree Dham who continue to supply the Agnihotra community with essential items such as dried cow dung cakes, thus enabling others to practise regularly at home and share it with others. Agnihotra truly is a much needed miracle tool in this ever increasing world of decline thus bringing change, radiance and healing by uplifting the soul and softening the heart while



miraculously rejuvenating the environment. I feel very grateful to have had the opportunity to practise this ancient science, it truly is a gift from the Divine.' Linda Staunton, The Basin, Victoria, Australia

## **OM SHREE DHAM**

**Homa Therapy Teaching Centre and Homa Organic Farm, Australasia**

### **Agnihotra Information and Supplies**

Information ; [www.agnihotra.com.au](http://www.agnihotra.com.au) Supplies [https://omshreedham.com.au/?post\\_type=product](https://omshreedham.com.au/?post_type=product)

Copper pyramids and copper tools for Homa Therapy have been made here at Om Shree Dham for 30 years in Homa atmosphere. Everyday cow dung is collected from our 2 resident Brahman cows to make dung patties for Homa Therapy

### **Learn online**

How to perform Agnihotra using minimal amount of cowdung <https://youtu.be/flAs61GVH0Y>

How to perform Om Tryambakam Homa <https://youtu.be/7ZgeZkB8I18>

### **Agnihotra Sound file**

<https://www.agnihotra.com.au/mantras/>

### **Agnihotra Australia YouTube channel**

<https://www.youtube.com/channel/UC5NQXovGJ6cXC5JELxgOSVQ>

You are welcome to drop in half an hour before sunrise or sunset Agnihotra to experience the healing transformative atmosphere and to witness how it is performed. Phone or email first so we can let you know the Agnihotra times and our availability. 02-49981332



**Experiencing Agnihotra in our Fire Hut**

**NB** Regular practice of Agnihotra creates a biosphere full of Prana and micro- nutrients in perfect balance. This provides the energetic foundation for performing the other Homas in Homa Therapy such as Vyahruti Homa and Om Tryambakam Homa. These derive their potency of effectiveness from the foundation that ongoing regular practice of Agnihotra creates.

Om Tryambakam Homa cannot attract the flood of Prana. This can only be attracted through sunrise and sunset Agnihotra practice.

Om Tryambakam Homa fortifies the Homa biosphere with more nutrition, fragrance and heightened vibration from the ongoing mantras being broadcast through the Homa. Om Tryambakam Homa is also a wonderful aid to purifying the mind, helping one to go into the witness state, leading to equilibrium and peace.

### **Agnihotra Workshops at Om Shree Dham**

We are also open to giving talks on Agnihotra on Saturday or Sunday at Om Shree Dham. If you know of interested groups of people, contact us by email- [info@agnihotra.com.au](mailto:info@agnihotra.com.au)



**Touring Om Shree Dham as part of the Workshop**

## **We can also come to you: Free Workshops and Talks**

If you are a good networker and would like to organise a workshop on Agnihotra and Homa Therapy in your vicinity - contact us – [info@agnihotra.com.au](mailto:info@agnihotra.com.au)



**A workshop in a yoga studio**



**A workshop in WA**

**We are available as Presenters at Conferences/ Festivals**



Let us know of festivals and conferences that would benefit from Agnihotra. Recommending us is a great help too.

## Online shop

Agnihotra and Homa Therapy Supplies



Extra thick gauge copper pyramid for Homa Therapy



Various Agnihotra Kits available, also Cow Dung Cakes, Ghee, Books on Homa Therapy, etc



## Om Tryambakam Homa Set

As well as supplies for Homa Therapy we specialise in providing other powerful healing tools including Narmada Lingams, Yantras, Moldavite, raw and set as pendants( email us for photos of available pieces) and superb Meru pyramid, Natural Incense traditionally made. See [www.agnihotra.com.au/Products](http://www.agnihotra.com.au/Products).



**Large Narmada Lingams** for homes, centres and land healing



**Hand-held Lingams** as meditation and healing tools



### **The Meru Pyramid**

A fusion of two ancient energy devices; the pyramid and the Shree Yantra  
Energise and cleanse jewellery, crystals, essences, etc.

For healing and balancing - Place Yantra underneath and pyramid on top of chakra or area of body.  
Enhances meditation. [https://omshreedham.com.au/?post\\_type=product&paged=2](https://omshreedham.com.au/?post_type=product&paged=2)

## Work Exchange at Om Shree Dham

We are welcoming volunteers to help us with the farming and building. Once the Retreat Centre is built we will be holding various courses here related to Homa Organic Farming, Homa Therapy Teacher Training, and much more. We are making progress with the building after a long gap. The beautiful wooden floors have just gone in and internal cladding is proceeding. Contact us if you are practical and wish to give a hand. You will be staying in a high vibrational atmosphere and will have the opportunity to sit for the Fire program throughout the day - [info@agnihotra.com.au](mailto:info@agnihotra.com.au)



The new Retreat Centre in progress

## Contacts for Agnihotra Supplies in NZ, Singapore, Philippines and Malaysia

### New Zealand

Darryl Sang, Auckland, [darryl@sang.co.nz](mailto:darryl@sang.co.nz)

### Singapore

Ajuntha Anwari, [ajuntha.anwari@gmail.com](mailto:ajuntha.anwari@gmail.com)

### Philippines

Pamela Fernandez, [pamela\\_g\\_fernandez@yahoo.com](mailto:pamela_g_fernandez@yahoo.com)

### Kuala Lumpur, Malaysia

Soh Wee Hock, [whsoh58@gmail.com](mailto:whsoh58@gmail.com)

*May there be Love, peace and healthy environments for all,*

*Frits, Lee, Ana, Adam and Karen*



**Agnihotra Australia**  
Homa Therapy Association of Australia

*'A nonprofit Association for Homa Therapy education and support to create vital, peaceful environments and people'*

**PO Box 68 Cessnock NSW 2325 AUSTRALIA**

**Visit Our Website**

[www.agnihotra.com.au](http://www.agnihotra.com.au)

**Information, Services and Supplies for Homa Therapy.**